



DATA SHEET

ACCESS RANGE

TRICEP DIP

The Tricep Dip machine strengthens the muscles of the upper arm. During the push down phase of the upper limb movement, the triceps muscle will be activated.

This muscle is important for reaching activities and helping to reposition and move around within a wheelchair, as well as helping increase strength for wheelchair propulsion. During the pull up phase of the upper limb movement, the biceps muscle is used. This muscle group is very important for lifting and carrying activities. In addition, the torso flexion motion of the exercise can also help build strength in that area of the body.

Features include:

- Easy access for various wheelchair models
- Standard 4.3" touch screen
- Console unit with manual and programme options
- Rotatable/moveable console for improved access to machine

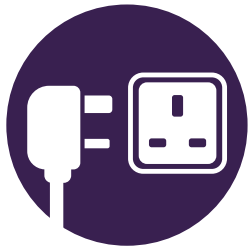
Targeted areas:

Triceps & Biceps

Technical Specifications



4.3" touch screen console
offering both manual and
programme options



Power assisted
(plug and play installation)



Dimensions:

W60cm x L120cm x H70cm



Weight:

90kg



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per machine

Plug Cable Length: 1.5 metre



Upholstery:

Side Panels: High impact resistant
ABS plastic



Covers:

Flame retardant vinyl and
resistant to bacteria and
moisture EN 1021-&2

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