



DATA SHEET

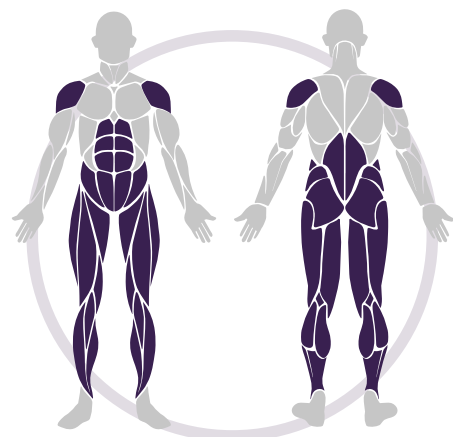
HIPSTER

This is a great exercise for the hips and glutes facilitating the movement known as Swim Kicks.

The exerciser is gently put through alternate prone hip extensions, this will also provide a gentle lower back exercise. Perform this exercise whilst squeezing glutes together, lie on stomach and support head on crossed arm.

Features include:

- Dual function of both upper & lower extremity
- Power assisted (plug and play installation)
- Standard 4.3" touch screen console unit with manual
- and programme options
- Available in a wide range of colours



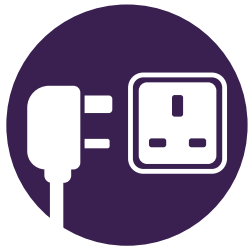
Targeted areas:

Waist, Hips, Abdominals, Arms, Shoulders, Legs, Glutes, Lower Back.

Technical Specifications



4.3" touch screen console
offering both manual and
programme options



Power assisted
(plug and play installation)



Dimensions:

W88cm x D195cm x H130cm



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per table

Plug Cable Length: 1.5 metre



Upholstery:

Side Panels: High impact resistant
ABS plastic



Covers:

Flame retardant vinyl and
resistant to bacteria and
moisture EN 1021-&2

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